



CANSail Optimist Programs (Ages 7-11)

Opti Basic

Level 1: A CANSail accredited introduction to sailing an Optimist Dinghy. With two sailors per boat, children learn the fundamentals of sailing in a comfortable and fun environment. Focus on balance, steering, and making the boat move using the sail! Many games and activities for new sailors and those with limited sailing experience!

Opti Advanced

Level 2: (Pre-req: Opti Basic)
A CANSail accredited course for advanced Optimist sailing. Children learn to sail by themselves! Young sailors become more independent and they continue to develop Opti Basic sailing skills while more advanced skills are gradually introduced, further building on the fundamentals of sailing. Fun activities and games help to solidify new skills!

Opti Fast

Level 3: (Pre-Req: Opti Advanced)
Intro to Recreational Optimist Racing. A CANSail accredited beginners' race camp that uses games and fun activities to integrate advanced Opti sailing skills with the elements of teamwork, sportsmanship, and fair play. Learn how to sail fast and be part of a team!

CANSail Programs (Over 10 years)

CANSail Basic

Levels 1 & 2: An introductory course for new sailors or those with limited sailing experience. The course focuses on safety, balance, steering, sail trim, and seamanship. Beginner sailors will learn the fundamentals of sailing and how to work as a team with two sailors per boat. Activities and games are a big part of learning physical literacy for sailors!

CANSail Advanced

Levels 3 & 4: (Pre-req: CANSail Basic or Opti Fast)
Sailors build on existing skills, working towards skill proficiency in a variety of conditions and situations. Sailors are introduced to advanced boat handling and beginner racing skills and rules. Sailors learn how to read the wind and waves, think tactically, and employ sportsmanship through on water games and activities.

CANSail Fast-Training Camp

Levels 3, 4, & 5: (Pre-req: CANSail Basic)
Intro to Recreational Racing.
A CANSail accredited beginner's race camp that uses games and fun activities to integrate advanced sailing skills with the elements of teamwork, sportsmanship, and fairplay. Learn how to sail fast and be part of a team environment!



2017 Sailing Programs



Sidney North Saanich Yacht Club

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Cancellation and Enrollment Policy:

A cancellation fee of \$50 (plus applicable credit card transaction fees) will be charged on ALL cancelled registrations. No refunds for cancellations made less than 14 days prior to the start of a course. All courses are subject to a minimum enrollment. If placed on a waitlist, interest in enrollment is assumed. Should a vacancy arise, automatic enrollment in the course will take place and the cancellation and enrollment policy takes effect.

CANSail Basic \$550

CSB 1: July 3-July 14 (9am - 4pm)

CSB 2: July 17-July 28 (9am - 4pm)

CSB 3: July 31-August 11 (9am - 4pm)

CSB 4: August 14-August 25 (9am - 4pm)

CANSail Advanced \$580

CSA 1: July 3-July 14 (9am - 4pm)

CSA 2: July 17-July 28 (9am - 4pm)

CSA 3: July 31-August 11 (9am - 4pm)

CSA 4: August 14-August 25 (9am - 4pm)

CANSail Fast \$300

August 28-September 1 (9am - 4pm)

SNSYC membership is not required. Everyone is welcome!

Courses are eligible for the Children's Fitness Tax Credit. All instructors are Sail Canada certified. SNSYC reserves the right to reassign sailors at the discretion of the instructor



Opti Basic (OB) \$275

OB 1: July 3-July 7 (9am - 4pm)

OB 1: July 10-July 14 (9am - 4pm)

OB 1: July 17-July 21 (9am - 4pm)

OB 1: July 24-July 28 (9am - 4pm)

OB 1: July 31-August 4 (9am - 4pm)

OB 1: August 7-August 11 (9am - 4pm)

OB 1: August 14-August 18 (9am - 4pm)

OB 1: August 21-August 25 (9am - 4pm)

Opti Advanced (OA) \$290

OA 1: July 3-July 7 (9am - 4pm)

OA 1: July 10-July 14 (9am - 4pm)

OA 1: July 17-July 21 (9am - 4pm)

OA 1: July 24-July 28 (9am - 4pm)

OA 1: July 31-August 4 (9am - 4pm)

OA 1: August 7-August 11 (9am - 4pm)

OA 1: August 14-August 18 (9am - 4pm)

OA 1: August 21-August 25 (9am - 4pm)

Opti Fast (OF) \$290

August 28-September 1 (9am - 4pm)



Adult Lessons

Private or group lessons may be booked for adults. Lessons may be done in dinghies or on SNSYC's Martin 242 or Capri. For further information and booking details please contact manager@snsyc.ca

SNSYC Junior Member Program

The SNSYC Junior Program provides youth with access to supervised fun sailing, the opportunity to register and compete in regattas, as well as building lasting friendships and improved seamanship. Junior members also receive a 25% discount on all summer sailing courses.